

Generating Hope



2023 Annual Hope Report

Thank You for Seizing the Moment!

We are in awe of **your generosity**. **Thank you** for seizing the moment with our sisters, medical/outreach teams, and us by investing through your financial gifts, constant prayers, social media shares, and/or volunteer engagement. We founded HFOS in 2012 because **God called us to fund fistula prevention**. **Thank you** for investing in prevention **as we work together** to rid the earth of this horrible, preventable injury.

Yearly Reach/Impact: 15,200 People

Total Partners in Hope (PIH): 46

2023 Revenue: \$196,000

Donations: \$185,000

Capacity development grants: \$11,000

2023 Investments Sent to Partners: \$156,100

Central Evangelical Medical Center (CEML, Angola): \$15,200

Huambo Fistula Prevention & Outreach Team (Angola): \$21,500

International Nepal Fellowship (Nepal): \$13,900 PAACS (Angola): \$7,500

Wellness Clinic (DR Congo): \$86,000

World Relief (DR Congo): \$12,000

New momentum continues in the maternal health space. More people are hearing about fistula. More organizations are focusing on fistula prevention.

Thank you for seizing this moment with us.

We are a unique “root cause” organization, partnering with our sisters before they get injured.



When we began, we found no US-based organizations funding fistula prevention. Our hope is that every fistula-based organization will one day fund fistula prevention.

Thank you for funding our “root cause” approach!

Generating hope, through women's health and empowerment.

First Podcast!

Brooke, HFOS President & Co-Founder, and Cara, Board of Directors Member, chatted with Hetal Baman, the host of “The Global Health Podcast”. The podcast focused on our important work, with a focus on fistula prevention and women’s empowerment. As of January 4th, our episode had been downloaded 111 times in 16 countries! **May this be an effective avenue to share about our sisters and generate lasting hope.**



FCHV in Angola?

The **Angola Fistula Prevention Program** is based on a program created by Dr. Shirley and her team in Nepal. We so enjoy this **strategic sharing between partners**. Our Angolan partners are now considering another of Nepal’s programs: **FCHVs** (Female Community Health Volunteers). The FCHVs know every pregnant woman in their area and ensure each receives the health care needed. Will this prevention model work in remote locations in Angola? We’ll keep you posted.

Casa de Esperanca, the Maternal Waiting Home!

Dr. Pri in Kalukembe, Angola, is focused on **a new, strategic project: Casa de Esperanca**. Waiting homes for pregnant women and girls are an effective way to ensure our sisters receive the health care they need. Coming to the waiting home late in their pregnancies, our sisters will be able to **complete their pregnancy terms on site** at the hospital. We are talking with Dr. Pri about how we - **with you** - will support this effort. More to



Thank you for generating hope with our sisters, our medical/outreach teams, God, and us!

Brooke F. Sulahian, HFOS President & Co-Founder

“Is not this the kind of fasting I have chosen: to loose the chains of injustice and untie the cords of the yoke, to set the oppressed free and break every yoke?” Isaiah 58:6