

Generating Hope



Hope for Our Sisters 2023 Impact Report

Thank you for all you enabled our sisters, medical/outreach teams, and us to accomplish thus far in 2023! Even though in our 12th year, there is a **new energy and momentum in our work**. Can you feel it too? We hope you will choose to **seize it anew** with us! We are in awe of the hope and promise we are experiencing and are excited to share these updates with you. **Thank you** for the role you played in making all of the below a reality!

When our Angolan **sisters receive love and care** at fistula repair camps, after being ostracized and marginalized, they cannot help but become Ambassadoras. Sharing stories of loss, healing, and freedom, more sisters are stepping into this fistula prevention role and **guiding their fellow sisters** from despair to hope, illness to health, fear to confidence! Who pictured below will be our next Ambassadora? **Thank you** for funding hope!



Fistula is physically, socially, and mentally debilitating, as our sisters are so often ostracized and marginalized by their family and community due to their condition. We are so thankful for **Elisa** on our Angolan Outreach Team who **invests in our sisters' psychological healing**. She walks our sisters through the process of bravely seeing their current state of being, letting that go, and focusing on their life ahead! Sweet **Samara** (right) is embracing her chance to start life anew! **Thank you** for funding this new hope in our sisters' hearts and lives!



Generating hope, one woman at a time.

Isaiah 58:6

May each woman in Angola, DR Congo, and Nepal be emboldened to choose her future.

Our Maternal Health Fund (MHF) provides hope to our sisters in Goma, DR Congo, at the Wellness Clinic. As of June, **369 women received assisted deliveries via cesarean birth** through these funds in 2023. **Thank you** for maintaining our MHF through your generosity!



Masi, age 24 and displaced due to conflict in the DR Congo, **had to travel 77 miles** to reach the Wellness Clinic. Unable to give birth on her own, she came for help, though she could not pay. Her **sweet baby was safely delivered** via cesarean free of charge **thanks to you!**

Our Angola trip, a source of new energy and momentum, was of **hope, prayers, and dreams come true...**



...We met Ambassadoras **courageously sharing** their stories at fistula prevention sessions, sisters full of **praise and hope** after successful fistula repair, and medical/outreach teams **teaching** nursing students at schools and customers in marketplaces about fistula and its prevention. What **beautiful fulfilment** of the efforts of our first 12.5 years! **Thank you** for funding this trip, as well as transformative and lasting hope!

Will you seize this moment and generate more hope with our sisters? We love **new ideas** and offer a **variety of options**, including hosting a tea, running for hope, making cards to sell, inviting us to share at events, hosting a related book club, and becoming a Partner in Hope. Our Nepali sisters are ready to partner with you. **Email us** if your answer is **YES!**



“Thank you for generating hope with our sisters, medical/outreach teams, and us!”

Brooke F. Sulahian, HFOS President & Co-Founder

15 Lincoln St. #228
Wakefield, MA 01880

Hope for Our Sisters, Inc.
info@hopeforoursisters.org

hopeforoursisters.org
781-399-0202