

# Generating Hope



## Hope for Our Sisters 2022 Impact Report

### *Investing in Today and Tomorrow*

Thank you for investing in today and tomorrow! Through your generosity, we, in partnership with our medical and outreach teams, focus on the needs of our sisters today, while also working toward positive change in each sister's future. As our programs continue to grow in both depth and reach, our dreams of a healthier path for our sisters in Angola, the DR Congo, and Nepal become more attainable. Thank you for enabling our sisters, teams, and us to pursue a future without fistula!

### ***Over 42,700 Reached!!!!!!!!!!!!***

Because of your bountiful and consistent investments, more than 42,700 women, men, children, tribal leaders, health workers, and NGO representatives in Angola, the DR Congo, and Nepal have been reached, informed, and empowered through our programs of hope and health! Thank you for funding our prevention, empowerment, and treatment programs that generate hope and positive change both today and tomorrow.



Mirelle (pictured with Dr. Olson at CEML, Lubango, Angola), dreamed of being a nurse. This dream was dashed after developing fistula. She would be unable to work in a clean setting with patients. Upon arriving at CEML for fistula repair, Mirelle bravely shared her dream. The Fistula Team decided to help her attain this life goal. Mirelle was invited to stay and study in Lubango, as she seeks to become a nurse and care for women with fistula. Mirelle's pain and loss from fistula was transformed into renewed hope in a healthy body today and the chance to pursue her dreams into tomorrow! Thank you for investing in Mirelle and the Aftercare Program!

May each woman in Angola, DR Congo, and Nepal be emboldened to choose her future.

Such a joy and honor to host Jeni Edme Cachicata (pictured with the HFOS Board), Aftercare Lead at CEML, in January! We are thankful for our time with her, learning about her path to our sisters and HFOS. We found her passion for God, our sisters, and her calling contagious and inspiring. We are grateful she met in person and virtually with almost 30 members of our HFOS Community – you! She was encouraged by all of you. We will continue to invite our medical/outreach teams to visit New England so we can all be inspired by them both today and tomorrow.



Our three Fistula Prevention & Awareness Teams reached over 11,000 people in Angola and Nepal in the first 8 months of this year alone! Thank you for investing in our sisters' needs of today and hopes for tomorrow.



Bakara (left) came to the Wellness Clinic in the DR Congo to deliver her baby, even though she could not pay. She wanted a healthy delivery. She also wanted her baby to live. You, through your investments, enabled both of her hopes to be fulfilled. Thank you!

Dr. Heywood, a partner doctor in Nepal, has real hope for the country where she serves. Since fistula robs women of their right to pursue full health and dignity, she sees fistula as a human rights, development, and public health issue. We agree. An international goal to end fistula by 2030 was set due to it being such a preventable and terrible condition. Dr. Heywood and we are hopeful this goal will be reached in Nepal due to the recent development of health services and infrastructure. Today's efforts can lead to a fistula-free tomorrow for our Nepali sisters and their communities.



**“Thank you for investing in our sisters’ today’s and tomorrow’s!”**

*Brooke F. Sulahian, HFOS President & Co-Founder*