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Mother's Day 2019 has me thinking about butterflies. Butterflies remind me of new beginnings, light living, and absolute beauty. Butterflies also remind me of hope and our precious sisters in Angola, the Democratic Republic of the Congo (DRC) and Nepal.

We intentionally chose a butterfly for our logo because butterflies are a constant, beautiful reminder of the hope found in a new day. As you know, they do not start out as carefree butterflies, but land-dwelling caterpillars. These beautiful creatures are transformed through their time in the crucible of their cocoons.

I wish we could place each sister in a cocoon of her own and have her miraculously step out healthy, whole, and ready to contribute to her family and community. I wish we could do the same with communities lacking basic, life-saving, maternal care. Encase them for a time then see them emerge providing quality medical care for all.



You are helping us offer the next best thing for our sisters and communities. Through your investments, Hope for Our Sisters is committed to providing women, girls and communities the opportunity to transform. Due to your generosity, we continue to partner with our sisters to generate lasting hope and health. We, like you, believe each woman and girl has the potential to find her wings and fly. However, some are held down by the weight of fistula. Some cannot find their wings due to misinformation and lies. Others have their wings clipped by believing they are unable and lacking value.

We believe our sisters are able, priceless in value, and worth our investment. We know you believe this too. With every investment you make, you enable us to actively champion a groundswell movement where each woman and girl in Angola, the DRC, and Nepal will be emboldened to choose her future. This will be the result of targeted, tailored programs focused on customized fistula prevention, effective fistula treatment, and lasting women's empowerment. These programs are the figurative cocoons where hope and health can grow.

Our sisters are too often trapped by their situations, lack of knowledge, and/or belief in the culture's lies about their value. When our sisters courageously seek fistula surgery, become educated at a prevention session and/or accept the challenge of learning a new skill, they step into their own figurative cocoons with the hope of what a new day can bring. Your investments fund this transformation. With joy we see these women and girls emerge from their current situations with hope in tomorrow and an elevated status in their communities: no longer leaking, equipped with knowledge, and/or empowered with marketable skills.



As you know, at Hope for Our Sisters, we place a special focus on Mother's Day. Most women currently suffering from fistula, one of the world's worst birthing injuries, are injured while trying to become moms. Fistula still exists as a potential future path for too many of our sisters. You are helping us eventually remove fistula from their horizon while enabling our sisters to find their wings and fly.

We invite you to honor the mothers in your life with a tax-deductible donation in their name to help our sisters find their wings and fly into lives of hope, health and impact. Your honorees will receive a beautiful card informing them of your gift. There is a \$30 minimum donation per card.

Living in the hope that each of our sisters will find her wings and fly,

Brooke F. Sulahian
President & Co-Founder
Hope for Our Sisters, Inc.

P.S. Thank you for generously investing in our sisters and mission! Your generosity can help our sisters find their wings and fly! You can make a difference in their lives today.

Generating hope, one woman at a time.

"Is not this the kind of fasting I have chosen: to loose the chains of injustice and untie the cords of the yoke, to set the oppressed free and break every yoke?" Isaiah 58:6

Hope for Our Sisters, Inc. is a registered 501(c)(3) charitable organization.