

# Generating Hope



## Hope for Our Sisters 2016 Annual Report

### Thank You for Investing in Our Sisters!

With thankfulness for this calling, awe at God's provision, and warm hearts from your generosity, we are excited to share that for the first time in our five years, HFOS **raised over \$100,000** for our sisters! Better yet, we also **gave over \$100,000** to our partners on behalf of the sisters we serve. **Thank You for the part YOU played** - prayers, service, partners in hope, investments, donations, fundraisers, events, Facebook likes, parties, card sales and more.

#### 2016 Revenue: \$126,500

Donations\*: \$100,500    Capacity development grants\*\*: \$26,000

\*Only 9% of unrestricted donations are allocated for overhead

\*\*Includes \$12,600 for strategic salaries for HFOS staff

#### 2016 Investments Sent to Partners: \$101,800

CEML (Angola): \$50,500

World Relief (DR Congo): \$21,500

Kalukembe Hospital (Angola): \$25,700

International Nepal Fellowship (Nepal): \$4,100

### TREATMENT

Your hope-generating generosity enabled us to fund **80 fistula surgeries** this year (**435** in total over the last five years)! Each funded surgery shows our sisters their inherent value and opens the door for a new life to be lived to the full. Your support also facilitated the establishment of funding post-surgery physiotherapy care when needed. **Thank You!**



Adalina is full of joy, hope and life! At age 27, she had suffered from fistula for five years. Additionally, after four pregnancies, she has only one living child, a very common situation in Angola. However, after coming to the CEML Hospital, she is now dry and free to live the life intended for her. Pure joy!

## PREVENTION

Committed to enabling effective fistula prevention, the projects we fund continue to grow and take new forms. There are increased fistula awareness and education sessions where women, men and health workers learn about fistula and its causes. New efforts include financial support for post-fistula C-sections (required for most former fistula patients) and an Ultrasound Empowerment Outreach program, which facilitates prevention and empowerment. **Thank you for believing in fistula prevention.**

Nurses Petra and Yolanda\* traveled to Moxico, the largest province of Angola, to raise fistula awareness. They were able to share the fistula prevention program and materials with nearly 100 women and men, many of whom traveled great distances to attend.

\* Your 2015 prevention donations fund Yolanda's salary as a Prevention and Empowerment Facilitator



The Ultrasound Empowerment Outreach program, spearheaded by Dr. Priscila Cummings, will provide free prenatal ultrasounds during which women and men receive counsel on prenatal care, fistula causes, and assisted delivery, as well as empowerment to make wise, healthy choices.

## EMPOWERMENT

While we seek the eradication of fistula, we also seek to elevate the status of our sisters within their communities. Empowerment is the tool. When our sisters move from saying "I am unable" to "I can do it!," lives, communities, nations and the world will change.

**Thank you for enabling us to invest in our sisters.**

Nurses Yolanda (center) and Petra work every week with our sisters to help them learn skills that will enable them to provide for themselves, their families and communities. Here they are learning to sew. New hope!



**Thank You for Generating HOPE with us,**  
*Brooke F. Sulahian, HFOS President & Co-Founder*

*"Is not this the kind of fasting I have chosen: to loose the chains of injustice and untie the cords of the yoke, to set the oppressed free and break every yoke?" Isaiah 58:6*