



# HOPE FOR OUR SISTERS, INC.

## FACT SHEET

*Changing the lives of women, one woman at a time.*

### WHAT IS A FISTULA?

A fistula is a medical condition brought about by obstructed labor and/or trauma leaving a woman with incontinence, resulting in isolation from family, friends and society, a lack of dignity, and a loss of hope.

### WHERE IS THE HOPE? WE ARE SPREADING IT!

The mission of Hope for Our Sisters, Inc. is to raise awareness of and support for women suffering from fistula, as we seek God's renewal of hope in each woman's heart through effective treatment, prevention and ultimate eradication of fistula.

### HOW DO WE SPREAD HOPE?

We take a three-pronged, full-cycle approach to combating fistula:

#### 1. PREVENTION

We support educational programs in Surkhet, Nepal to enable health workers to both prevent fistula and identify women suffering from fistula.

#### 2. TREATMENT

Through a partnership with two hospitals in Lubango and Kalukembe, Angola, we fund surgical fistula repair.

#### 3. EMPOWERMENT

In Goma, Democratic Republic of the Congo, we fund programs that empower victims of fistula and/or sexual violence through access to gender, justice and health education, occupational skills, and solidarity groups as they become agents of positive change.

### HOW CAN YOU HELP?

- "Like" us on Facebook
- Make a one-time or recurring donation
- Submit a matching gift through your company
- Join our team
- Attend or host a fundraising tea, gathering, or event
- Create homemade greeting cards to sell
- Lead your own Hope for Our Sisters Chapter

*Spreading Hope...*  
*Isaiah 58:6*

### CONTACT US

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